

# Action Research Project

Ana Teles, January 2026



# Background

Visual  
Arts

## Journal of Contemporary Painting

Volume 11 Number 1

\*\*\*\*  
Special Issue:  
'Carol Rhodes: Seen  
and Unseen'  
\*\*\*\*

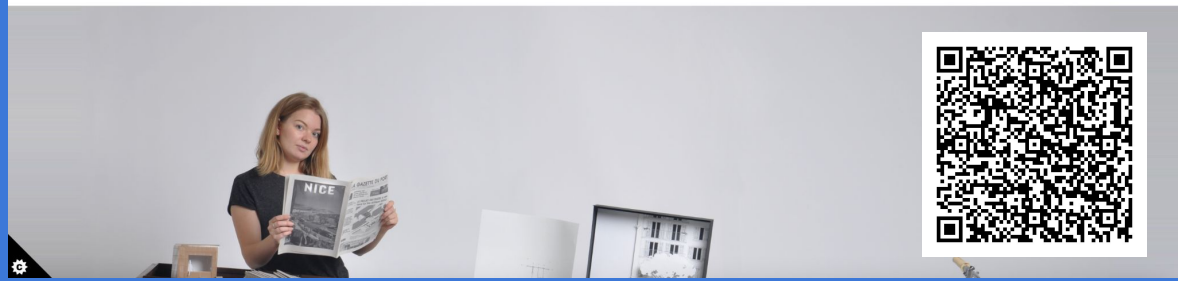


intellect journals ISSN 2052-6695



Story

## Preparing For Publication, Peer Review Group



# Context

## How can I (and UAL) better support students writing for publication?

What does *writing for publication* mean for students?

What are the main barriers to writing for publication?

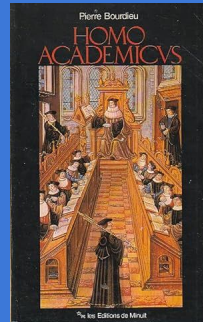
What existing support and resources are available?



# Rationale

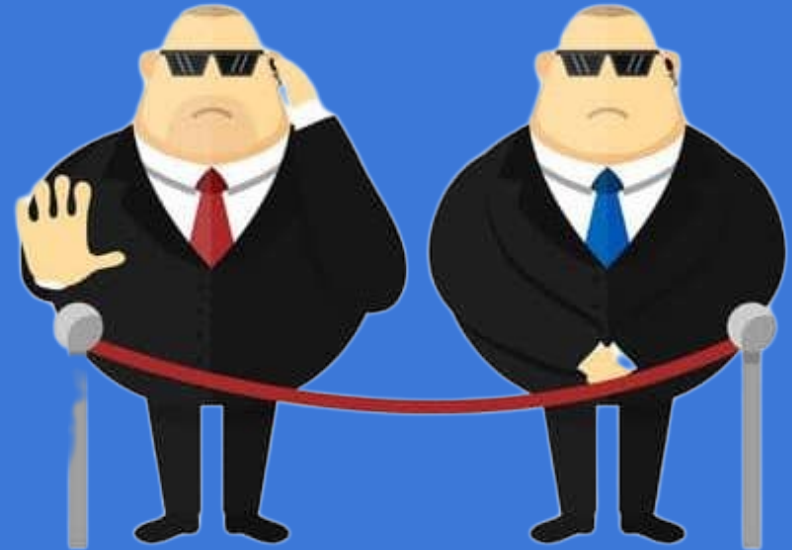
## Why it matters:

- Publishing benefits: professional development, career progression, recognition, advancement of knowledge.
- Removing barriers supports **diverse voices, experiences, and forms of knowledge**.



## Barriers to publication:

- Writing challenges
- Limited understanding of publication processes and expectations.
- Fear of rejection and self-doubt







# Analysis

## Semi-structured Interviews:

- complex and emotionally demanding;
- anxiety of rejection;
- peripheral to the PhD;
- disconnect between PhD writing and publication writing;
- community-based, peer support combined with expert guidance;
- support through the process of publishing.

their work public, but they are often the subject of the text rather than its author. Translating practice into a written academic article is more complex, and many artists/students find this particularly challenging.

AT: And when did you start becoming interested in publishing yourself?

XX: I read a lot of publications, and they're a major source of inspiration and knowledge for me. Being part of that conversation feels important. Publishing feels like a way to enter dialogue with other researchers and debates, rather than just working alone.

At the same time, research can feel overwhelming and very personal. I feel a strong need to protect my ideas and my knowledge. Once something is public, it no longer belongs only to you, and that's frightening—especially when research draws on personal experience. This taps into anxieties around publication, particularly fears of losing control over one's ideas.

AT: So there's a tension between sharing and protecting?

XX: Yes, very much. I'm inspired by people who share personal stories as part of their research and turn them into publications. I've seen people whose PhDs became multiple publications, and that brought them opportunities, funding, and visibility.

But for me, sharing personal material feels embarrassing and risky. I'm still at an early stage in my research, and I worry: if I share everything, what will be left? What is my original contribution if everyone is using similar references?

AT: What makes publishing appealing despite those fears?

XX: Research feels very isolating. I expected that doing a PhD would create a sense of community, but after three years I still feel like I'm working alone. I'm hoping that publishing could help me connect with people who share similar interests and create future collaborations.

I've self-published before—small books combining drawings and diary writing—but that feels very different. It's more personal and contained.

AT: Are you interested in academic journals specifically?

XX: Yes. I want to understand how academic publishing works—peer review, journals, expectations. My research sits between movement, improvisation, drawing, embodiment, and choreography. I don't know where it fits, but I imagine journals in performance or dance would make sense. Not understanding the publication process, or knowing which journals are available, is a common experience. While the UAL Doctoral School's Pallet lists a range of journals, this is not extensive, and additional guidance from someone researching in the same area could be particularly helpful.

I haven't published yet because writing feels very hard. Publishing demands originality, argument, structure, and rules. You put something very personal into the world and then wait months for feedback that could be very harsh. This is very common: at the beginning, all stages of publishing

can feel daunting, particularly without prior experience of the process or involvement in academic publishing.

AT: What kind of support do you feel you need?

XX: Community. Support during different stages—choosing where to submit, writing, waiting, receiving feedback. A room where people can talk honestly about difficulties and

XX: Honestly, I don't know. Being invited was a huge boost to my confidence. I never really saw myself publishing academically.

AT: Why was that?

XX: I come from a journalism background—writing reviews, arts and culture pieces, opinion writing. I associate writing with something reactive and current. Academic writing feels very different, especially within practice-based research. Understanding and articulating practice-based research is so challenging that it shifts how you see yourself—you don't quite feel part of an academic community.

If my PhD had been by publication, I might see myself differently. Most of my engagements have been workshop-based or practical. Even conference contributions were presentations, usually PowerPoint. Over time, research gets reduced to slides, and writing becomes secondary. Again, this taps into how writing for academic publishing is so different from other types of publishing—and support is needed.

AT: Because the work is so visually led?

XX: Exactly. Visuals do a lot of the work for us, which actually undermines confidence in writing. Writing feels difficult because images carry the meaning.

AT: So how did you approach writing for the Routledge publication?

XX: I was offered my confirmation, and only two images were allowed. I had to think purely through text. That forced me to see writing as its own medium, not as support for visuals. The text had to convey everything—argument, problem, analysis—without relying on images. That shifted my mindset away from storytelling toward articulating a clear research problem.

AT: So you had to foreground the argument.

XX: Yes. Images encourage slick storytelling, but storytelling isn't the same as argument. Writing forced me to analyse and pull out strands properly.

AT: What stage of your PhD are you at now?

XX: I'm writing up and preparing for submission. I haven't had my viva yet.

AT: Had you published before this?

XX: I had presented at conferences—maybe three or four over the course of my PhD—but not published academically. This opportunity aligned perfectly with work I was already doing, which made it possible.

AT: I'm trying to understand how institutions like UAL can support students in writing for publication.

XX: What's widely publicised are conferences, but what's missing is visibility of publication opportunities—calls for articles, journals, edited volumes. If I hadn't presented at that conference, I would never have known the reader was being updated. Publishing feels random and inaccessible unless you're already inside those circles.

AT: Yes, and sometimes editors just invite people directly.

XX: That's fine, but people still need to know what publications exist. Doctoral students should have an overview of major journals and platforms relevant to their fields.

AT: Who do you think should provide that support?

XX: The doctoral school is best placed to do it. Not by doing the work for students, but by

# Analysis

## Orientation: Understanding Publishing Opportunities

Discover why publishing matters, the benefits it can bring to your academic and professional journey, and how to take your first steps in identifying, preparing, and submitting your work. You'll also find practical tips, useful tools, and UAL-specific resources to support your publishing ambitions.

Start mapping your path to publication journey today!



Find more information here (core knowledge 20min read).

## Orientation Resources

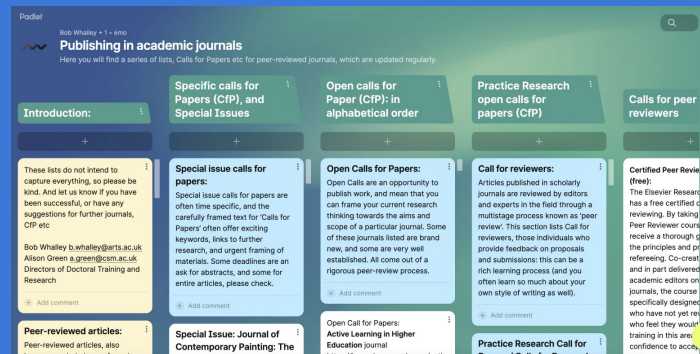
Understanding Different Types of Publications: [download here \(10min read\)](#).

The Value of Publishing: Why It Matters for Study, Progression & Employability [download here \(10min read\)](#).

What Should I Research? Finding Your Authentic Voice: [download here \(10min read\)](#).

## JAWS - Journal of Arts Writing


JAWS is a peer-reviewed journal that publishes new art and writing from early- to mid-career researchers and practitioners working across creative disciplines. JAWS publishes writing about art and writing as art. We welcome practice-based research, visual essays, book reviews and interviews by emergent practitioners and researchers. Supporting criticality and experimentation in arts writing, the journal connects authors to an international audience. JAWS welcomes divergent and/or unconventional forms, as well as more traditional submissions.



### Academic Support Online

Workshops & tutorials   Learning resources   Forum **beta**   Recordings and registrations   Logout

Home > LSS Services > Pathways to Publication



## Pathways to Publication

### Introduction

Here, you can explore opportunities to share and publish the research you've conducted throughout your studies, whether through coursework, projects, dissertations, or more.

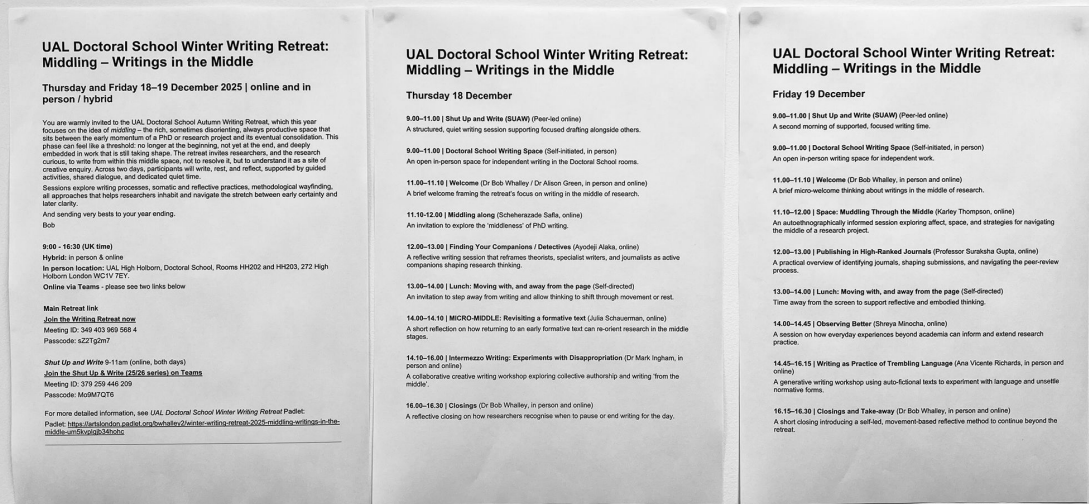
Sharing and publishing your work is an excellent way to enhance skills relevant to education, employment and self-development, like critical thinking, research, literacy, and both visual and verbal communication. It also fosters essential attributes such as confidence, creativity, and professional independence. In our increasingly communication



# Analysis

## Support and resources available:

- extensive resources and support
- short-term support
- variable depth of staff knowledge (academic support)
- superficial, reactive engagement with texts
- seen as insufficient by some students (paddlet)



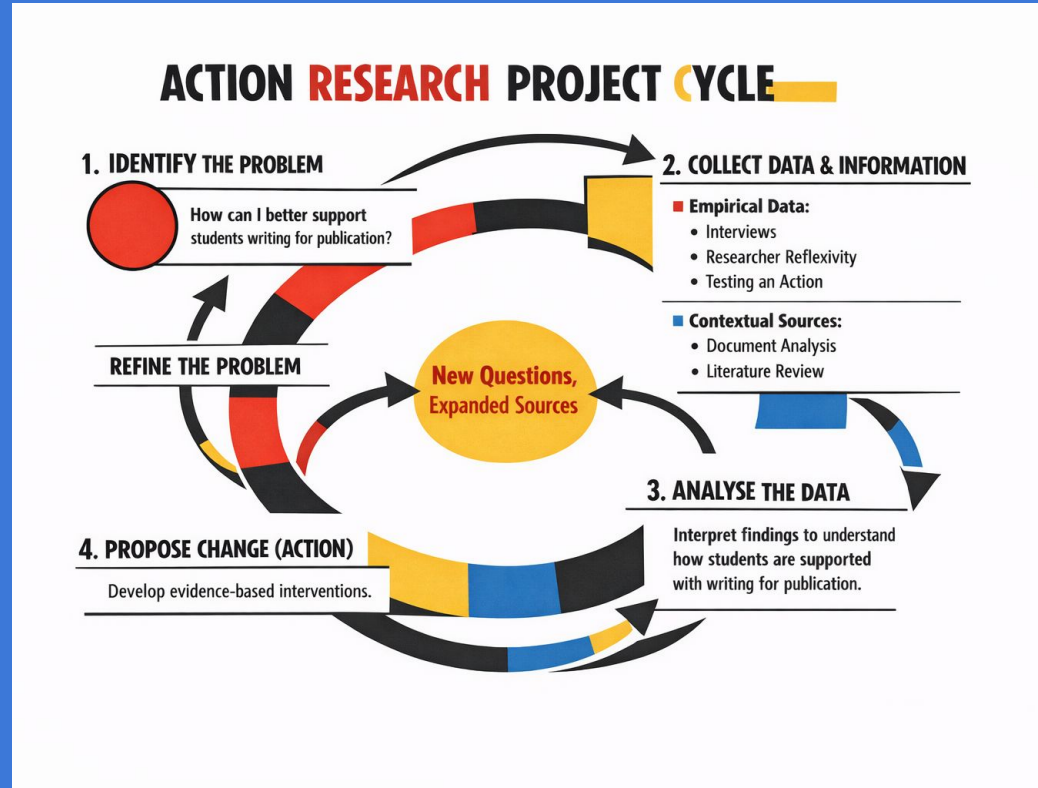


# Action

## 1. Peer Review Group (Small-scale, realistic actions)

- Share anonymised peer-review examples;
- Expand participation to build a supportive community;
- Run more regular sessions;
- Where possible, connect students with other academics.

## 2. Real-situation publication/conference (more ambitious intervention)



# Conclusion

## Main findings

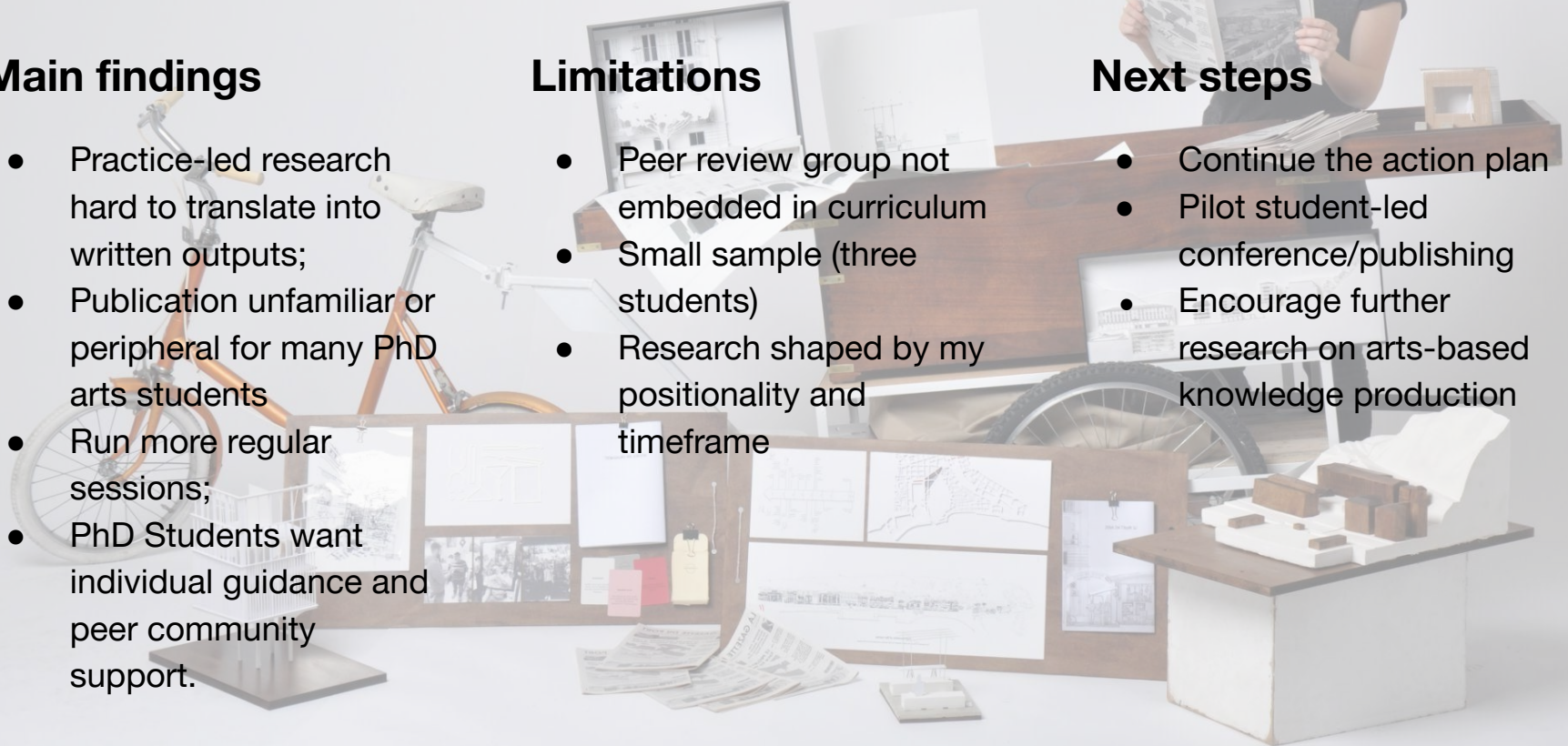
- Practice-led research hard to translate into written outputs;
- Publication unfamiliar or peripheral for many PhD arts students
- Run more regular sessions;
- PhD Students want individual guidance and peer community support.

## Limitations

- Peer review group not embedded in curriculum
- Small sample (three students)
- Research shaped by my positionality and timeframe

## Next steps

- Continue the action plan
- Pilot student-led conference/publishing
- Encourage further research on arts-based knowledge production



# Bibliography

Andronic, O. (2020) Why should Student Publish? Journal of Surgical Sciences. Available at: [https://www.researchgate.net/publication/344174821\\_WHY\\_SHOULD\\_STUDENTS\\_PUBLISH](https://www.researchgate.net/publication/344174821_WHY_SHOULD_STUDENTS_PUBLISH)

Banerjee, P. (2023) Connecting the dots: A systematic review of explanatory factors linking contextual indicators, institutional culture and degree awarding gaps. Advance HE.

Bourdieu, P. and Collier, P. (1996) Homo academicus. Reprinted. Cambridge: Polity Press.

Clarke, V. & Braun, V. (2018) Thematic analysis – an introduction. Lecture, University of the West of England, Bristol. Available at: <https://www.youtube.com/watch?v=kv7C53yvLqk> (Accessed 3 January 2026)

Creswell, J.W. (2018) Educational research: planning, conducting, and evaluating quantitative and qualitative research. 6th ed. Sydney: Pearson Education.

Du Plooy, B. et al. (2025) 'Academic writing for publication: The experience and facilitation of liminality for developing higher levels of scholarliness', Innovations in Education and Teaching International, 62(3), pp. 1060–1072. Available at: <https://doi.org/10.1080/14703297.2024.2363899>.

Duff, Diane. (2001). Writing for publication. Axone (Dartmouth, N.S.). 22. 36-9.

Elliott, J. (2001) A practical Guide to Action research in Action research for educational change. Milton Keynes: Open University Press.

Farrell, A. & Girgensohn, K., 2021. Supporting and encouraging writing: An interview with Dr Alison Farrell (Maynooth University) and Dr Katrin Girgensohn (European University Viadrina). Educare, 2021(1), pp. 57–68. <https://doi.org/10.24834/educare.2021.1.5>

Green, A. (2024) Personal communication, 5 May.

Guest, G., MacQueen, K.M. and Namey, E.E. (2012) Applied thematic analysis. Thousand Oaks, California: SAGE Publications.

Hirst, S., Jeffs, C., Paris, B.M., Arcellana-Panlilio, M., Charles, A., Hill, L. and Hilman, B. (2019) 'Something to say: Writing for publication', Papers on Postsecondary Learning and Teaching: Proceedings of the University of Calgary Conference on Learning and Teaching, 3, pp. 9–16.

Kara, H. (2015) Creative Research Methods in the Social Sciences: A Practical Guide. Bristol: Policy Press. Available at: <https://doi.org/10.56687/9781447320258>.

Lillis, T.M. and Curry, M.J. (2010) Academic Writing in a Global Context: the politics and practices of publishing in English. London: Routledge, pp. 186-188.

McNiff, J. (2013) Action research: principles and practice. 3rd ed. London: Routledge.

O'Farrell, C., 2013. Supporting academics to write for publication: A holistic approach. AISHE-J: The All Ireland Journal of Teaching and Learning in Higher Education, 5(1), pp.1031–1057.

Rodriguez, E., Shofer, S., Harter, M. & Clark, N., (2018). First guiding process: Problematising what you know for new-self insight. In: E. Rodriguez, S. Shofer, M. Harter & N. Clark, eds. Autoethnography: Process, product, and possibility for critical social research. Thousand Oaks, CA: Sage Publications.

Ross, A., Colthup, R. and Jenkins, R. (2024) Publish or Perish: Barriers faced by Early Career Academics trying to find an outlet for their voice. Innovative Practice in Higher Education, 6(1).

Saha, A. and van Lente, S. (2020) Rethinking 'Diversity' in Publishing. London: Goldsmiths, University of London and Spread the Word. Available at: [https://www.spreadtheword.org.uk/wp-content/uploads/2020/06/Rethinking\\_diversity\\_in-publishing\\_WEB.pdf](https://www.spreadtheword.org.uk/wp-content/uploads/2020/06/Rethinking_diversity_in-publishing_WEB.pdf) [Accessed 2 Dec. 2025].

Shamsi, A. F., & Osam, U. V. (2022). Challenges and Support in Article Publication: Perspectives of Non-Native English Speaking Doctoral Students in a "Publish or No Degree" Context. Sage Open, 12(2). <https://doi.org/10.1177/21582440221095021> (Original work published 2022).

Silva, J. A. T. (2021) 'Challenges that early career researchers face in academic research and publishing: pre-and post-COVID-19 perspectives'. Exchanges: the interdisciplinary research journal, 9(1), pp. 77-106.

Skains, R. L. (2018) 'Creative Practice as Research: Discourse on Methodology', Media Practice and Education, 19(1), pp. 82–97.

Tomal, D.R. (2003) Action research for educators. Lanham, Md: Scarecrow Press.

Tremblay-Wragg, E., Vincent, C., Mathieu-C., S., Lison, C., Ponsin, A. and Déri, C. (2022) 'Writing retreats responding to the needs of doctoral candidates through engagement with academic writing', Qualitative Research in Education, 11(1), pp. 29–57. <https://doi.org/10.17583/qre.9195>

Vear, C. (ed.) (2022) The Routledge international handbook of practice-based research. Abingdon, Oxon New York, NY: Routledge (Routledge international handbooks). Available at: <https://doi.org/10.4324/9780429324154>.